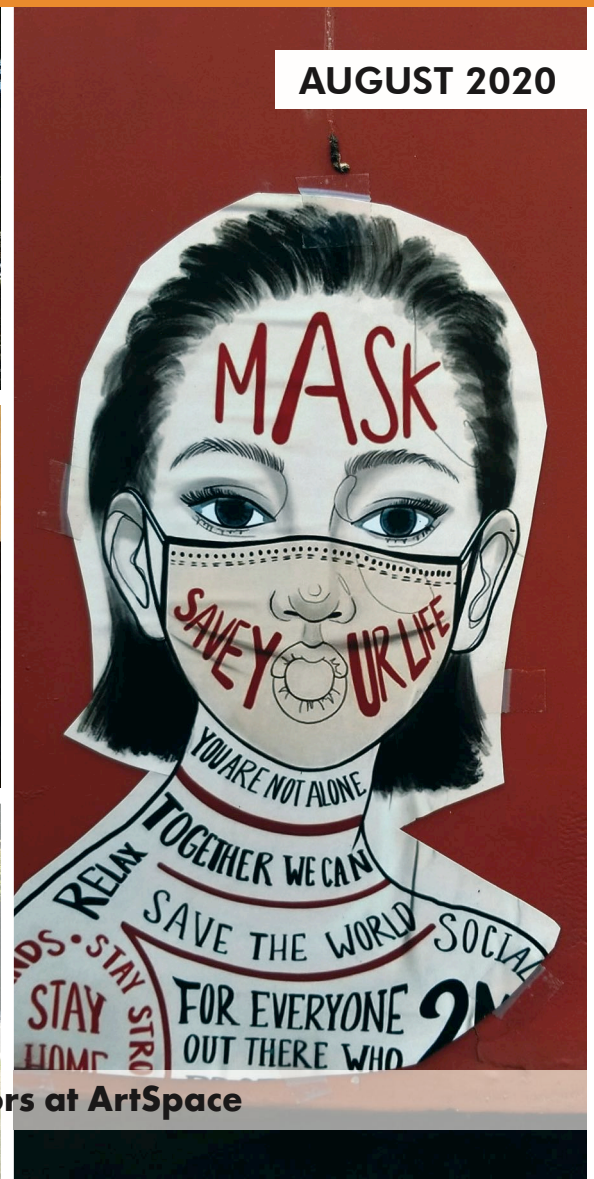




MAYNARD COUNCIL ON AGING & SENIOR CENTER
50 BROWN ST., MAYNARD, MA 01754 • 978-897-1009



See the exhibition outdoors at ArtSpace



The Heat Is On

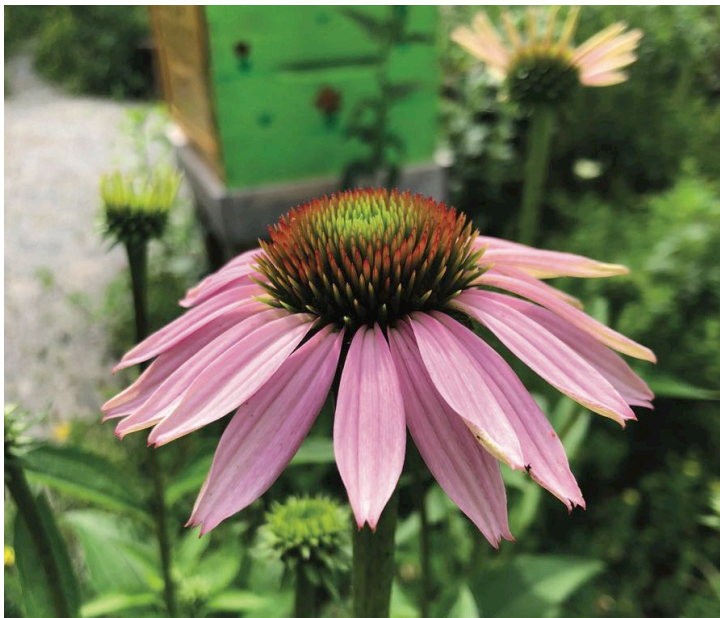
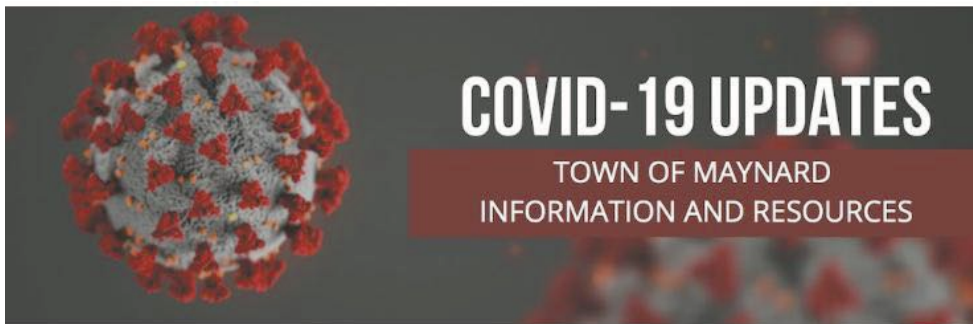
Although nothing seems “regular” these days, the seasons keep changing, and there’s no denying it: The heat of Summer is upon us! I hope everyone is keeping cool and calling their neighbors and loved ones for wellness checks, in consideration of the heat and COVID as well.

The town’s offices are still functioning better than would be expected during this pandemic, and we are preparing for busy fall, including elections on September 1 for the state primary and November 3 for the state elections. The town’s traditional fall Special Town Meeting is scheduled for October 5. We have begun planning different scenarios as to how to host the Meeting, including indoor and outdoor venues, such as how we executed the Annual Town Meeting in June a couple of months ago.

At the Special Town Meeting, a number of important questions may be posed to the voters, including the funding of major capital projects and the approval of a revised operating budget. Revisions to the budget are planned to offset estimated projections in a decrease of meals and excise taxes, as well as changes in expected state aid. The town’s property taxes collection rates are nearly matching normal however, and this report, coupled with the apparent building boom in Maynard, are clear indicators of the vitality of the town’s economy regardless of surrounding uncertainties.

Capital projects on our agenda include water supply treatment upgrades, acceptance of a collaboration offered by the state’s school building authority to address the aging elementary school, and the opportunity to conclude the fire station replacement project with its construction. These investments from taxpayers will demonstrate a partnership with the many private investors currently planning, building and re-developing sites all over town.

Please visit the town website www.townofmaynard-ma.gov and click the below image. This page highlights Town Hall updates, daily updates of positive COVID-10 cases in Maynard, Massachusetts response, resources for businesses, and health and safety practices. You can also find a link to subscribe to the Town’s newsletter.



Please be safe and cautious in your daily activities, and encourage your peers to do the same. Keep your ears and eyes open to further public health directions, and to news and offerings from the Council on Aging.

In an attempt to distract from the state of the world: Remember that I would include pictures of unique aspects of Maynard from time to time? Do you know where to find this month’s?

Sincerely, Greg Johnson

Town Administrator | gjohnson@townofmaynard.net

Together Though Apart

There's not a day that goes by that Pat and I don't miss all the seniors we've come to know from the COA's programs and by providing services to throughout the community. Our very busy days are not the same without the laughter, smiles and friendships we shared with each of you. Pat and I see each other, masked and very distanced, when I drop off supplies for the van or pick up paperwork - but it's not the same even with a piece of Pat's delicious pies or cookies! We're in contact throughout each day by phone as we work from home, but we too miss each other. I'd strongly encourage you to reach out to each other – a friendly call is a safe and easy way to feel less isolated.

The Council on Aging won't be able to open until there is far more understanding of how transmission can be prevented from spreading to older adults. As we get older, our risk for severe illness, such as from COVID-19, increases. An ever greater risk occurs when you have underlying medical conditions such as chronic kidney disease, COPD and type 2 diabetes <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>. As we all know the best way to prevent illness is to avoid being exposed to the virus. We have now learned many people are asymptomatic, meaning these individuals are not showing symptoms, and can spread the COVID-19 virus without knowing. We've also learned more about how respiratory droplets can be released through talking, heavy breathing or singing.

There is really no reason not to mask up, stay **at least** six feet apart, avoid spending extended periods of time in rooms without sufficient ventilation and, most importantly, WASH YOUR HANDS! Continue to follow these precautions when shopping, going to hair salons and medical appointments – all of these new opportunities simply expose you to more people, surfaces, and poorly ventilated spaces. Continue to take advantage of senior hours at supermarkets. If you need a mask, please contact the COA.

The Council on Aging continues to provide such services as referrals to SHINE (health insurance counseling), home care, food resources, housing needs and others. The COA Van Service is operating five days a week for essential services (please see page 10). Call the COA and leave a message and we'll get right back to you.

New programs, both virtual and by telephone, are available on page 8. I've spoken to the creator of Highway61 who developed the platform for her mother, who wanted an easy way for seniors to connect. All you need to do is go to the website, enter your first name, and choose an event. The other resources have been provided by the Massachusetts Council on Aging.

On page 9, we've added another Zoom fitness class – this class has received great reviews by several Maynard seniors who've taken Yachun's class at the COA. John Clark offers his presentations on a wide array of subjects and I'm sure you'll find the Poets of Tin Pan Alley very interesting. If you'd like to take a Zoom class or presentation and don't have the technology, please contact the COA to find out about a laptop lending program.

We'll be sponsoring a **"Grab-n-Go" lunch with Open Table on August 17 at noon**. Drive through style, everyone masked, staying in their cars, and picking up a delicious lunch! We get to say hello, and though masked, and enjoy an opportunity to connect. Please contact the COA to sign up; let us know if you don't have transportation and we'll arrange for delivery.

As always, please feel free to reach out with ideas for programs or just to say hello – my email address is aloveless@townofmaynard.net.

~ **Amy Loveless**

Director, Maynard Council on Aging & Senior Center

2020 Census: Census Taker Visits

What Your Community Needs to Know

To ensure everyone is counted, census takers visit households that haven't responded yet to the 2020 Census to collect their responses in person. This operation will begin everywhere August 11. All follow-up visits will conclude no later than October 31.

The initial areas offer a variety of situations to help roll out Census Bureau systems. The Census Bureau also thoroughly reviewed each area's operating status and the Census Bureau's ability to safely begin operations, including the procurement of personal protective equipment.

Health and Safety

Census takers will follow public health guidelines when they visit.

Census takers are trained to:

- Wear a mask.
- Conduct the interview outside a home in an open, well-ventilated space, when possible.
- Allow 6 feet of space between them and the person they are interviewing.
- Not allow anyone else to handle Census Bureau equipment.
- Follow healthy hygiene habits for frequent hand-washing, avoiding contact with high-touch surfaces, avoiding touching their face, etc.

If a household does not want to conduct the interview in person, they can provide the census taker with their phone number to complete it over the phone.

Confidentiality

By law:

- Interviews are confidential.
- Answers cannot be shared with immigration or law enforcement agencies.
- Census takers must keep answers confidential for life. They face stiff fines and jail time if they break that law.

Identifying a Census Taker

Households can identify the census takers by their:

- ID badge with their photograph, a U.S. Department of Commerce watermark, and an expiration date.
- Census Bureau-issued phone.

Many census takers will also carry a bag with the Census Bureau logo.

What to Expect During the Interview

The interview is quick and easy. The census taker will ask the household the 2020 Census questions and enter the answers in their secure Census Bureau phone. You can expect:

- A few questions like name, age, race, and sex.
- No questions regarding Social Security numbers, bank information, or citizenship status.
- Availability of a census taker who speaks your language. Households can request a return visit if needed.
- A visit between 9 a.m. and 9 p.m. local time, including on weekends when people are likely to be home. If no one is home when the census taker visits, the census taker will leave a notice of the visit with information about how to respond online or by phone. If necessary, a census taker will return several times to ensure the household is accurately included in the census.

Responding Is Important

Census takers are from your community. They know that a complete and accurate count will benefit your area. By answering a few questions, you'll help shape the future of your community for the next 10 years. The 2020 Census results determine how many seats your state gets in Congress and how public funds are spent on schools, roads, fire and emergency services, hospitals and more in your community.

Now Is the Time to Respond

Even after census takers begin visiting your area, households can still respond online at 2020census.gov, by phone (844) 330-2020 or by mail until October 31. Thirteen languages are available and other assistance can be provided.

2020CENSUS.GOV

D-FS-PA-EN-032

**Shape
your future
START HERE >**

United States[®]
**Census
2020**

The Maynard Farmers Market

The Maynard Farmers Market is in full swing with our farm vendors adding more fresh produce every week. You can find tomatoes, corn, peppers, potatoes, locally grown squash and beets as well as a variety of greens and much more – perfect for cool summer suppers. Hudson Hives is available to provide a variety of local honey products, Balance Rock Farm has meat, eggs and cheese to offer and the Cookie Lady is there with sweets and bread. Additionally Brookfield Candle Company, Jennifer's Handmade Soap and Wellness & Oil will be attending on various Saturdays – check out our website: www.maynardfarmersmarket.com for dates.

The Maynard Farmers Market runs from 9:00 to 1:00 through September 26 – rain or shine – in the Mill Pond Parking Lot on Main Street in Maynard. Come on down and join us – wear your mask and feel comfortable that we are enforcing social distancing so you can shop safely. If you would like to help with the Market, we are looking for volunteers for two-hour sessions - please contact the Market at our website if you are interested.



Maynard Farmers Market Guidelines:

We are required to limit the number of shoppers in the Market area and you will follow a one-way flow through the vendors. Your items must be selected for you by the vendors (no touching until after payment). Here are some of the other rules you will need to follow to ensure a safe environment for everyone:

- If you're sick, or under quarantine, stay home.
- Shop alone if you can. Leave the kids at home if possible.
- Masks or other face coverings over the nose and mouth are required.
- Use the provided hand sanitizer before entering the market.
- No pets allowed in the Market area.
- Stay six feet apart: follow social distancing rules.



We want to be sure you have access to fresh local food in a safe manner and we want you to support our vendors who depend on the market. Be sure to visit our website – maynardfarmersmarket.com - for a diagram of the Market layout and the opportunity to pre-buy from some of our vendors. Follow our Facebook page for the latest updates www.Facebook.com/MaynardFarmersMarket



"A Whisper of Souls" by Gail Erwin

Of Trees and Ruins

Images on silk and paper by
Gail Erwin

Gail Erwin explores trees and ancient ruins. Like a post-apocalyptic landscape, the pandemic has created a world on the verge of ruin (or perhaps rebirth), of being brought closer to nature.

IN GALLERY

May 26 – August 22

Reception TBD

ONLINE

**6bridges.gallery/
of-trees-and-ruins/**

NEW GALLERY HOURS

Thurs – Saturday, 12 – 5 pm

- Masks required
- Hand sanitizer available for use as you enter our gallery

GIFT CERTIFICATES & PERSONAL SHOPPING

6bridges.gallery/shop/

Give the joy of art and fine craft. Available via email, curbside pickup and U.S. Mail.

Shop our entire collection of art and fine craft from the comfort of your home via FaceTime or Zoom. Curbside pickup.



6 Bridges Gallery
FINE ART AND CRAFT

6bridges.gallery

77 Main Street, Maynard, MA 01740

6bridgesgallery@gmail.com



Maynard Public Library Presents...

A Virtual Book Talk with Folk and Song Legend

Judy Collins

Featuring Her Acclaimed Memoir
"Sweet Judy Blue Eyes"



When: Thursday, August 13th at 7pm

Where: Via Zoom: To register for the program, go to:
www.maynardpubliclibrary.org/Collins

Who: For fans of Judy Collins' legendary life

What: Sponsored by the Friends of the Maynard Public Library

Note: We'll send participants the link on the day of the talk.

Find out the words behind the music of Judy's great songs!

August Cookbook Club

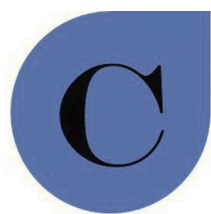
Monday, August 17th • 12pm



In August, we will travel to the country of Turkey! We will explore Turkish cuisine with *Istanbul and Beyond* by Robyn Eckhardt.

Call the library to schedule a time to pick up your copy, select a recipe and prepare it to discuss on the 17th.

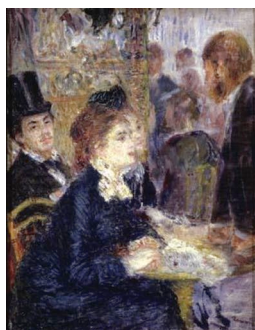
Sponsored by the Friends of the Maynard Library.
maycirc@minlib.net • 978-897-1010



Culturally Curious

Parisian Cafes and Impressionist Painting

Tuesday, August 18th at 7pm via Zoom



Impressionist artists are celebrated for their beautiful depictions of nature, but they also frequented the cafes, bars and nightclubs of Paris and captured modern life in their works. This program will explore images by Monet, Renoir, Degas and others and consider how the hub of activity in Parisian cafes inspired some of the world's most famous artists.

This is the second of three art talks this summer. Find out more and register at <https://www.maynardpubliclibrary.org/art-talks>

Sponsored by the Friends of the Maynard Library

About the presenter:

Jane Oneail curates and delivers art programs to audiences throughout New England. Jane holds a master's in Art History from Boston University and a master's in Education from Harvard University. She has taught Art History at the college level for a decade and has worked at several New England museums including the Isabella Stewart Gardner Museum and the Currier Museum of Art.



Using the Maynard Library in Phase 3

How to Request Items

You can request Minuteman Network items in three ways.

1. Request items through the library catalog, choosing Maynard as your pickup location.
2. Send a email to Maycirc@minlib.net.
3. Call the library at 978 897 1010 X 103 and leave a message. Be as specific as you can with title and author name.

How to Pick Up Items

Curbside pickup is now available weekdays from 2-5. In order to ensure safe distancing, appointments to pick up items can be made in 15-minute time slots.

There are three ways to make an appointment:

4. Click this link <https://www.maynardpubliclibrary.org/curbside-pickup> in your notification email and schedule your appointment online.
5. Send email to maycirc@minlib.net with your preferred time (or several). We'll honor that as best we can.
6. Call Circulation at 978-897-1010 and suggest a time. You may have to leave a message.

Your item(s) will be checked out, bagged and labeled with your name, and placed on the Holds cart just outside the door. You can just pick up and go! If another patron is picking up when you arrive, please wait at a distance until they are finished.

How to Return Items

All network items may be returned to the book drop each weekday from 9-5. These will be quarantined for 3 days and then checked in. ***No fines will be charged while the library is closed.***

Network Delivery

Network delivery has resumed, which allows for the return and request of all network items.

Stay Engaged with these Great Resources

Highway61

Highway61 is an audio platform used by senior centers and retirement communities all over the US to engage with their members. Highway61 is all about empowering those over 51 to engage, learn and support each other.

Below is the list of upcoming events hosted on Highway61! Remember there is no sign up or download required. All members have to do is go to highway61.co at the time of the event.

Coffee Chat & Meet New Friends

Grab a cup of joe and come on Highway61 to meet with new friends from senior centers all over the US!
Tuesday, August 4th • 11:30am EST

Current Events

Come listen and participate in discussions about what is going on in today's world.
Tuesday, August 4th • 2pm EST

French Culture Conversation

Highway61 and Village Plaza Retirement Community will be hosting a conversation about French culture with a French native! The leader will share information about different parts of France, French food and even teach you a few French words!
Wednesday, August 5th • 1:30pm EST

Bingo

Please have each of your members create their own BINGO card before joining by going to <https://bingobaker.com/play/1228516> - it will generate a new card for everyone.
Friday, August 7th • 11:30am EST

What is Oasis?

Getting Older, Growing Stronger

A pioneer in healthy aging for more than 35 years, Oasis has helped thousands of older adults across the country satisfy their curiosity, take charge of their health and discover the joy of giving back to their communities. Since 2000, more than 389,000 adults have been impacted by Oasis programs.

Oasis Everywhere is a new website offering live online courses led by top instructors from across the country, making it possible for anyone in the world to participate in courses exclusively curated by Oasis Centers for Oasis Everywhere regardless of geographic location, mobility or travel constraints.

Oasis Everywhere features a listing of classes that are entirely web-based but designed to provide the same interaction and intellectual stimulation that traditional in-person classrooms offer. It also has a dedicated registration system exclusively for Oasis Everywhere courses. If you have an account with Oasis, you can login and register using the same account! Classes are conducted live using Zoom video, an easy-to-use online platform that can be downloaded for free to any mobile or desktop device. Classes are simply accessed through a safe link emailed to you from Oasis 24–48 hours before the start of your class. www.oasisnet.org

Programs That Do Not Require Internet Service

DOROT

DOROT provides telephone programs that seniors can sign up for that function much like small classes. You'll join discussion groups of up to 12 people that are led by an expert on the subject in question. Classes are offered on a wide variety of subjects, so you can explore new topics and make new connections. To find out more about the available programs or get started, you can call (877) 819-9147. NO INTERNET NEEDED.

Lifetime Connection Without Walls

The Family Eldercare program Lifetime Connection Without Walls is another service that offers classes seniors can access over the phone. The classes are led by volunteers and cover a wide array of subjects. Each session lasts 13 weeks and seniors can pay \$10 for unlimited access to all the courses, or \$5 if they just want to try out one. If you'd like to learn more or register over the phone, you can call 888-500-6472. NO INTERNET NEEDED.

Senior Center Without Walls

Senior Center Without Walls is a California-based program with classes and discussion groups that bring seniors together over the phone. Not all of them are about learning a new topic. For instance, one of the most popular phone groups gets together over the phone each day to share something they're grateful for. Participants can start their own groups if they want, as well as joining in on those that already exist. For more information or to register by phone, you can call 877-797-7299. NO INTERNET NEEDED.

August Events

COA Zoom Fitness Classes

Yoga & Stretch with Rebecca
Tuesdays at 9:30am

Maynard COA instructor Rebecca Reber will lead you through a series of yoga poses and stretches while you are seated on a chair. Safely build strength and stability and enjoy guided meditation to reduce stress and anxiety. This is Zoom class which allows you to see and interact with other Maynard seniors. Please call the COA at (978) 897-1009 or email Amy Loveless directly at aloveless@townofmaynard.net to sign up.

Fitness with Holly Level 1
Mondays at 11am

Join us in this fun, motivating (and at times challenging!) class where senior exercisers look forward to attending. Participants will start at a beginner level using a chair when necessary and are guaranteed to improve their strength, cardiovascular endurance, balance and flexibility. Come join the fun with other Maynard seniors on Zoom and improve your health & wellness. Holly Kuovo is a personal trainer who taught the successful Brains & Balance class at the Maynard COA. Please call the COA at (978) 897-1009 or email Amy Loveless directly at aloveless@townofmaynard.net to sign up.

Zumba Gold
Wednesdays at 9:30am

Zumba Gold is a low impact, fun dance-fitness with international music including oldies you like. This class will be taught by Yachun who is an AFAA certified group fitness instructor. We focus on building strength, cardiovascular health, balance, coordination, and flexibility.

Perkins Library

The Perkins Library loans audio, large print, and braille books and magazines along with playback equipment to eligible individuals who are unable to read print materials due to visual, physical or reading disability and to organizations that serve them. The Library also offers audio described videos in DVD format. A wide array of different subject categories, spanning everything from classics to recent bestsellers as well a selection of over 100 magazines are available. NEWSLINE is an electronic system that allows users to listen to materials through a synthetic voice via any touch-tone telephone, computer, or IOS device. Digital equipment is loaned, free of charge. There is no charge for any of the Library's services. All materials are delivered and returned through the U.S. mail, postage free.

Contact the Perkins Library at (800) 852-3133 or (617) 972-7240. Email: library@perkins.org

The Poets of Tin Pan Alley
Two Zoom Presentations by John Clark
Thursday, August 13th (Part 1)
Thursday, August 27th (Part 2)
1pm to 2pm

Part One begins with the backgrounds of four prominent Great American Songbook songwriters: Irving Berlin, George & Ira Gershwin and Jerome Kern. We then move into the careers highlights of their creative output, including songs like Alexander's Ragtime Band, God Bless America, I Got Rhythm, Summertime, The Way You Look Tonight and Smoke Gets in Your Eyes.

Part Two is entirely devoted to the songs of composer Richard Rodgers and his two lyricists, Lorenz Hart and Oscar Hammerstein. Rodgers & Hart wrote their witty and sophisticated music from 1919-1943, including Blue Moon and My Funny Valentine. Rodgers & Hammerstein are credited with the longest running shows and best songs of the golden age of Broadway, including Oklahoma, Carousel, South Pacific, The King and I and The Sound of Music.

Please contact the Council on Aging at (978) 897-1009 to sign up. You will be sent a link before the program.

Great Zoom YouTube Tutorial!

Marcia Chadly guides you through the how-to of responding to a Zoom invitation for a fitness class or an educational program. There's nothing like being able to "see" the steps to take. Once you've watched her presentation, or maybe reviewed a second time, you'll feel ready to join Zoom!

<https://www.youtube.com/watch?v=9isp3qPeQ0E>

How To Use Zoom With Your Phone

<https://www.youtube.com/watch?v=d6QjODgTuQE>

Marcia Chadly

Internet Service Offers

Free or Lower Cost Options
(eligibility varies based on income)

Comcast Essentials
(855) 846-8376

Verizon (for participants in the Lifeline program or FIOS at a lower rates)
(800) 837-4966

AT&T
(855) 220-5211

SHINE (Serving Health Information Needs of Everyone)

- Are you turning 65 and want information about Medicare?
- Are you 65 and losing employer group health insurance due to a recent job loss?
- Are you disabled and under age 65 covered by Medicare with questions?
- Are you a Medicare beneficiary and concerned about prescriptions costs, medical billing and co-payments?
- Are you living on a fixed income and having difficulties keeping pace with living costs, food, and healthcare costs

If you answered yes to any of these questions, the SHINE program is here to help. Most questions can be answered over the phone, information can be emailed or mailed to your home and, when necessary, remote counseling can be arranged.

Minuteman Senior Services continues to offer no cost, confidential Medicare benefits counseling to anyone with questions about Medicare Part A, Medicare Part B, Medigap supplements, prescription coverage and Medicare Advantage plans. For help, call the Minuteman Senior Services SHINE line at 781-221-7029 or email SHINE@minutemansenior.org.

Maynard Council on Aging Services

The Maynard Council on Aging is continuing to provide services even though the COA is closed to the public. Please contact us for information and referral for supportive services including homecare, health insurance counseling, fuel assistance, food resources, housing, legal issues, public assistance programs and transportation. The Council on Aging is accepting and lending durable medical equipment – please call before leaving any equipment at the COA. When you call the COA please leave a message and we will return your call as soon as possible.

General Resources

Minuteman Senior Services

www.minutemansenior.org

(781) 272-7177

(888) 222-6171

Homecare, Caregiver Support, Legal Services, Senior Nutrition, Health Insurance Counseling (SHINE) and more.

800AgeInfo

www.800ageinfo.com

(800) 243-4636

South Middlesex Opportunity Council (SMOC)

7 Bishop Street, Framingham, MA 01702

(508) 872-4853

Fuel Assistance program, Housing, Rental Assistance Program (508) 620-0653, Financial Assistance for Homeowners and Tenants, Emergency Shelter Services and more.

Mass211 Public Information and Referral Program

www.mass211.org

SNAP/food stamps

www.fns.usda.gov/snap • (800) 221-5689

Maynard Council on Aging Van Service

To make a reservation call CrossTown Connect at (978) 844-6809

The Council on Aging Van is operating five days a week from 7:00 a.m. to 3:00 p.m. providing transportation to essential services such as health care providers, dentists, pharmacies, banks, the post office and grocery stores. We are transporting no more than two riders at a time on our twelve-seater van. We are following strict safety precautions including disinfection procedures multiples times during a shift and after each rider, spacing riders to achieve maximum distance apart, requiring riders to wear a mask and providing hand sanitizer when riders enter and re-enter the van. The drivers will be wearing face shields in addition to masks when assisting a rider on the lift or are in close proximity.

There is no fee to ride the van at this time. Reservations must be made at least 48 hours in advance. Flexibility when making a reservation is required as medical appointments are the priority. All riders are screened for symptoms of COVID-19 and it is expected that if you are not feeling well you should not make a reservation.

Residents of Maynard, 60 years of age and older, as well those with disabilities, may use the van. This is a door-to-door service.

Please contact the Council on Aging at (978) 897-1009 if you have any questions.

Maynard Food Relief Resource Guide

Food Pantries and Services

Maynard Food Pantry and Backpack Program: Provides food and personal items to residents of Maynard, Acton, Sudbury, Stow & Concord. Food backpacks distributed in the summer at drive-thru pantry and during the school year at each school on Friday afternoons.

- When: Mondays 9:30am-12:00 PM
- Where: 82 Main Street, Maynard. Drive-thru pantry entrance on River Street
- Website: <http://www.maynardfoodpantry.com>

Open Table: Food pantry and prepared meals (distributed in grocery bags). Some choice in protein and other weekly offerings. SNAP sign-up support upon request.

- When: Tuesdays 1:00-6:30pm, Thursdays 1:00-4:30pm
- Where: Drive-thru Pantry at Maynard municipal parking lot behind 33 Main Street (enter from Summer Street)
- Website: <https://www.opentable.org>

Acton-Boxborough High School: Offering bagged breakfasts and lunches to anyone in need under the age of 21.

- When: 11:30am-1:00pm Mondays, Wednesdays, and Fridays
- Where: 15 Charter Road, Acton
- Website: https://www.abschools.org/district/food_services

The Acton Food Pantry: Food provided to anyone in need. Drive-thru pantry for clients in cars and on foot.

- When: Wednesdays 10:00am-7:00pm, Thursdays 9:30-11:30am. Closed the 4th Wednesday of each month (will be closed July 22nd and 23rd).
- Where: 235 Summer Rd # 205, Boxborough
- Website: <https://www.actonfoodpantry.org>

Mount Calvary Supper: Drive-thru meal pick-up. Upcoming meals this month include meatball subs, BBQ pork sandwiches, hot dogs and hamburgers, and eggs and sausage.

- When: Wednesdays 5:00-6:00pm
- Where: 472 Massachusetts Avenue, Acton (back driveway of Mt. Calvary Lutheran Church)
- Website: <https://www.mtcalvaryacton.org/community-supper>

The Stow Food Pantry: Provides food and personal items one weekend a month. Pre-packaged client orders will be brought to client's car at the appointment time at drive-thru pantry.

- When: One weekend a month (check website)
- Where: Pompo Community Center, 509 Great Road, Stow
- Website: <http://stowfoodpantry.com/>

The Sudbury Food Pantry: Limited to once a month for non-Sudbury residents. Guests choose pantry items, personal care products offered as well.

- When: Currently Tuesdays and Thursdays 12:00-2:15pm. Starting August 1st, Tuesdays and Thursdays 11:00am-1:15pm.
- Where: Our Lady of Fatima Church, 160 Concord Road, Sudbury
- Website: <http://sudburyfoodpantry.org>

Meal Services for Seniors

Minuteman Senior Services: Meals on Wheels delivers lunch to homebound seniors who meet certain guidelines. Call 781-221-7177 for information and referrals.

- When: Deliveries made 11:00am-1:00pm Monday through Friday.
- Where: Delivery provided
- Website: <https://www.minutemansenior.org/>

The Stow Council on Aging: To-go meals for seniors offered for pick-up on Tuesdays and Thursdays (\$2 suggested donation). To order, call 781-221-7048.

- When: Tuesdays and Thursdays at 11:30am.
- Where: Pompositticut Community Center (509 Great Rd, Stow)
- Website: <https://www.stow-ma.gov/council-aging>
- Meals-on-Wheels provides this service

Early Voting In Person

On July 6th, the Governor signed new legislation - An Act relative to voting options in response to COVID. Early Voting in person will be available for the fall 2020 elections. An application is not required to vote early in person...just show up and vote!

STATE PRIMARY - EARLY VOTING IN PERSON August 22nd – August 28th MAYNARD TOWN HALL – 195 Main Street Soup Campbell Room*

*****PLEASE ENTER THROUGH THE REAR OF THE BUILDING*****

DAY	DATE	HOURS
Saturday	8/22	9:00 AM-1:00 PM
Sunday	8/23	9:00 AM-1:00 PM
Monday	8/24	8:00 AM-4:00 PM
Tuesday	8/25	8:00 AM-7:00 PM
Wednesday	8/26	8:00 AM-4:00 PM
Thursday	8/27	8:00 AM-4:00 PM
Friday	8/28	8:00 AM-12:00 PM

*Please note that only 5 voters will be allowed in the Town Hall at a time during early voting in person.

EARLY VOTING (by mail or in person) FAQ:

If I applied for a vote by mail ballot can I appear to vote in person at an early voting site or at the polls on Election Day?

If your vote by mail ballot has not been received back to the Town Clerk's Office – YES, you may still appear to vote in person at the polls on Election Day. These voters will be required to complete additional paperwork and will need to show an ID. Should your mail in ballot be received after you voted early in person or at the polls on Election Day that ballot will be rejected and will not be counted.

If a vote by mail ballot has already been received back by the Town Clerk's Office – NO. A returned vote by mail ballot is considered cast and you will not be eligible to vote by mail, early in person or in person at the polls on Election Day.

If I vote early in person can I appear to vote in person at the polls on Election Day?

NO - If you appeared to vote early in person your ballot will be considered cast and you will not be eligible to vote by mail, or in person at the polls on Election Day. Voting in Person at the Polls after submitting an early ballot is prohibited as outlined in 950 CMR 4 7.19.

When & how is an early voter's ballot cast?

All vote by mail and early voting in person ballots will be opened and inserted into a tabulator before Election Day or fed through the tabulators at the polls on Election Day. These ballots will be kept secured, locked, and unexamined until the polls are closed on Election Day.



TOWN OF MAYNARD TOWN CLERK

MUNICIPAL BUILDING

195 MAIN STREET

MAYNARD, MASSACHUSETTS 01754

Tel: 978-897-1300 • Fax: 978-897-8553

Email: townclerk@townofmaynard.net

FALL 2020 ELECTIONS – VOTER OPTIONS GUIDE

On July 6th the Governor signed new legislation - An Act relative to voting options in response to COVID. This legislation outlines 3 options for voting in the fall 2020 elections. Vote by Mail, Vote Early In Person or Vote on Election Day

ELECTION TYPE	DATE OF ELECTION	DEADLINE TO REGISTER TO VOTE	VOTE BY MAIL APPLICATION DEADLINE
State Primary	September 1, 2020	August 22, 2020	August 26th - 5pm
Presidential Election	November 3, 2020	October 24, 2020	October 28th - 5pm

ELECTION DAY LOCATIONS	ELECTION DAY HOURS
Fowler Middle School – Precincts 2 and 3	7:00 AM-8:00 PM
Maynard Public Library – Precincts 1 and 4	7:00 AM-8:00 PM

SELECTION OF BALLOT TYPES - PRIMARY ELECTION ONLY

In a primary election, a voter who is NOT registered in a political party (Unenrolled or commonly known as Independent) must specify the party ballot type of choice on the application to vote by mail or in person voting (early or on Election Day). We are unable to process applications for Unenrolled / Independent voters who do not select a party ballot type on their application. Unenrolled / Independent voters who select a party ballot type do not become registered in that party - they remain Unenrolled / Independent voters. Voters who are registered in one of the 4 political parties (Democrat, Republican, Green-Rainbow, Libertarian) MUST take that party ballot and are not given a choice of ballot type - **verify your party enrollment** or **change your party enrollment** prior to the deadline to register to vote and before applying for a mail in ballot.

VOTE ON ELECTION DAY - WHAT YOU NEED TO KNOW BEFORE YOU GO

Educated voters will reduce the amount of time necessary in the voting booths and reduce lines and crowding while voting.

What's my Precinct? <https://www.sec.state.ma.us/wheredoivotema/bal/MyElectionInfo.aspx>

Fowler Middle School, 3 Tiger Drive – Precincts 2 and 3
Maynard Public Library, 77 Nason Street – Precincts 1 and 4

Do NOT go to the POLLS if you are sick or have been exposed leading up to Election Day

• **Wear a Face Covering**

- **Bring a Pen** – Blue or Black ink sharpie or Paper Mate Flair (if you don't want to borrow one)
- **Bring an ID** – in some cases voters will be required to show an ID.
- **Don't touch your face** while at the polling location
- **Maintain Social Distancing** – keep 6' away from anyone not from your household
- **Keep your ballot dry and free from hand sanitizers** – to avoid tabulator issues

Vote By Mail

All registered voters qualify to vote by mail in the fall 2020 elections. Application post cards will be mailed to ALL registered voters, at their mailing address, who have not already applied to receive a vote by mail ballot as follows:

	Primary	Presidential
Approximate date of post card application mailing	July 15th	September 14th
Mailed to all voters registered by & voters without an application already processed by	July 1st	September 1st

APPLY EARLY - to allow ample time for processing your application and for the postal services to deliver your ballot to you. If you are concerned about applying too early - please note that voters can hold on to their ballot and return it during the week prior to the election. Voters who receive a vote by mail ballot but do not return it prior to Election Day may appear to vote in person on Election Day to cast a ballot. Any voter that has returned a vote by mail ballot (or voted early in person) cannot vote on Election Day.

Applications can be returned by Mail (postage is pre-paid on the post card application mailed to you), placed in the drop box outside of the front entrance to Town Hall, 195 Main Street, or scanned & emailed to clerk@townofmaynard.net

TRACK YOUR APPLICATION AND BALLOT

Voters who have applied for a vote by mail ballot may use this link to track the status of their application as well as their ballot status (mailed / received back). Please note that we anticipate a large volume of applications and request you **allow at least 2 weeks before checking the status of your application and allow a minimum of 10 days to receive your ballot from the status date of mailing**. Please DO NOT contact the Clerk's Office to check on your status until the recommended amount of time listed above has passed.

RETURN OF VOTE BY MAIL BALLOTS

Mailed Ballots include a postage pre-paid return ballot envelope that is addressed to the Town Clerk's Office. You may return your ballot by mail (please see deadlines below) or hand deliver your ballot by placing it in the drop box outside of the front door to Town Hall (the deadline is the close of the polls on Election Day). Ballots CANNOT be returned to the polling location on Election Day - they must be returned to the Town Clerk's Office for processing before they are delivered by the Town Clerk to the polls to be cast on Election Day. Voters who receive a vote by mail ballot but do not return it prior to Election Day may appear to vote in person and cast a ballot on Election Day. Any voter that has returned a vote by mail ballot (or voted early in person) is not permitted to appear to vote in person on Election Day.

Deadlines for ballots to be returned and counted

- **Primary Election** - All ballots must be received at Town Hall by **8PM on September 1st**.
- **Presidential Election** - Ballots returned in the drop box must be received by **8PM on November 3rd**.
- Ballots returned by mail must be **postmarked by November 3rd** AND received in the Town Clerk's Office by **5PM on November 6th**.

Please note that US Postal delivery services are not consistent and can range from 3 to 11 days. We recommend voters return their ballots in the drop box outside of the front door to Town Hall by 8pm on Election Day to ensure it arrives back to us in time to count.



REP. KATE HOGAN'S SENIOR NEWS AUGUST 2020

Protect Against Scams & Fraud

I look forward to better days when we can all be together again; until then, please stay safe and wear a mask in public. I also want to talk about staying safe when it comes to an ongoing concern for seniors: scams and fraud aimed at seniors.

Massachusetts stands out as having some of the strongest Consumer Protection laws within its Chapter 93A scheme, including broad protections and definitions, expansive authority to chief law enforcement officers, and allowing civil and class actions brought by individuals.

You are urged to contact local police if you think you have been targeted in a scam or fraud. In addition, following are some details on state and federal government protections and resources to guard against fraud:

- **Debt Collection Regulations** - On March 27th, the AGO filed Emergency Debt Collection Regulations for the State of Emergency. The regulations state it is an unfair or deceptive act for any creditor or debt collector to seek legal remedies for debt, such as initiating, filing, or threatening to file any new collection lawsuit or seek an equitable remedy (such as garnishment, seizures, or repossessions). Exceptions include actions for loans secured by mortgages on real property or for a regulated utility. The regulations also include prohibition on outbound debt collection calls by debt collectors and debt buyers. Exceptions include informing a consumer of a rescheduled court appearance and for debts secured by a mortgage on real property. On April 13th, the AG's Office determined that emergency funds that will be issued to consumers through the CARES Act are exempt from seizure or garnishment by creditors under Massachusetts's law.

- **Stimulus Checks** - Over the past few weeks, many citizens have received stimulus checks from the Internal Revenue Service (IRS). In these uncertain times, the IRS is urging taxpayers to be cautious and keep an eye out for a potential rise in phishing scams. A consumer who believes their economic impact payments have landed in the hands of an identity thief can report it to the FTC and the IRS at the same time by going to www.identitytheft.gov to complete an IRS Identity Theft Affidavit (IRS Form 14039) and submit it electronically to the IRS. IdentityTheft.gov will also give you a recovery plan with steps you can take to help protect yourself from further identity theft.

- **Robocalls & Scams** - Scammers are taking advantage of anxieties surrounding COVID-19, and may call offering "coronavirus kits", "COVID-19 packages", or offer Medicare benefits surrounding the virus. However, they will also ask you to verify personal information, such as your bank account or social security number. You can and should report these instances to the FTC at www.ftc.gov/complaint.

- Scammers may also pretend to be calling from the IRS, Census, or social security and claim you are eligible for relief, cash payment, or that there is a check waiting for you. They may ask for money, personal information, or both. The surest sign of a scam is when you are asked to pay with cash, use a gift card, wire money, or use cryptocurrency (i.e. bitcoin).
- Remember, the best thing to do in the event of a scam call is to hang up. Do not press any numbers.

Price Gouging Consumers are urged to report unreasonably high prices of consumer goods to the Consumer Protection Division of the Attorney General's Office by calling 617-727-8400 or by filing a complaint online via the AG's website.

To avoid Charity Scams/Mutual Aid Networks, always make informed decisions on the charities or groups you are looking to give to. Do your research into Mutual Aid Networks in your area before participating. Visit www.bigdoorbrigade.com for a list of known networks, or how to start your own.

Contact Rep. Hogan:

My (virtual) door is always open. If you need assistance or would like to contact me, please call me at (617) 722-2199 or email me at Kate.Hogan@mahouse.gov.

Proudly represents Bolton, Hudson, Maynard, and Stow
State House, Room 163, Boston, MA, 02133 / Phone 617-722-2130
District Office: Maynard Town Hall, 195 Main Street, Maynard, MA
District Office Phone: 978-897-1333
Email: Kate.Hogan@mahouse.gov

REOPENING OF FINE ARTS THEATRE

Due to State Guidelines set forth in Phase 3 of the Commonwealth's reopening plan, Fine Arts Theatre has decided not to reopen at this time. We are hopeful that as restrictions ease, we will be able to successfully reopen soon. In the meantime, visit us at our newly opened ICE CREAM SHOP, Theatre Creamery, located right next door at 17 Summer Street!

FINE ARTS THEATRE PLACE

BRING THIS AD TO THEATRE CREAMERY AND
RECEIVED A FREE MENU ITEM WITH PURCHASE

THEATRE
Creamery

ICE CREAM BOGO

BUY ONE (1) MENU
ITEM AND GET ONE
(1) ITEM OF EQUAL OR
LESSER VALUE FREE



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